

## Lord of the Lakes July, 2019



I've had an old bulletin sitting on my desk for a few days now, and have inadvertently read the cover dozens of times. There are just three words, but they pack quite a punch: "Peace! Be still!" When Jesus said this, he and his disciples were out on a boat and a huge storm erupted. The disciples began to panic, as anyone would if their boat was about to capsize. And there's Jesus, sleeping away, not at all disturbed by the craziness going on around Him. When the disciples woke Him up – and I can just imagine how frantic they were – Jesus responded with those three words: "Peace! Be still!"

And the storm immediately subsided.

Jesus then asks the disciples why they were so afraid and didn't have more faith. Fear is a natural part of life, but Jesus says time and time again that we shouldn't be afraid. I think it's easy for us to think, "Well, sure, but my circumstances, my problems, my *life* is different. 'Don't be afraid' doesn't really apply to me."

But that's the thing: Jesus is an expert at life, and He knows the best way to do things. So this week, whether you're facing a storm of health problems or financial issues or relationships troubles that are keeping you up at night, think of Jesus' words and allow His expertise to guide your decisions – and your mindset.

On top of that, in spite of the summer season and all the fun that comes with it, consider Sunday morning service your respite and the best way to start your week. I know I can say it's a challenge to set aside 45 minutes to an hour during my week where I can single mindedly focus on worshipping God. Perhaps you can say the same! With two services, air conditioning and a loving community, it should be an easy decision to attend.

God bless, Pastor Kevin

### Youth Service was held June 2nd Theme: the 11 Commandments

The youth that lead our Worship:  
Mara Schell, Brooke Zillges, KK Koch,  
Emily Schell, Abby Johnson, Jilly  
Jacobson, Mackenzie Anderson, Lacey  
Stephens, Kendra Geiger, Melanie Zillges,  
Jamie Wicinsky, Ella Jaeger, Hannah Johnson,  
Xavier Penza.

Outstanding worship service! Thank you to the Youth!



Youth Group is held every Wednesday from 6pm-8pm . . . Come when you can & bring a friend!

Lord of the Lakes Church ~ Pastor Kevin Heffernan  
pastorkevin@lordofthelakes.net  
Phone: (920) 582-2622  
6090 Harbour South, Winneconne, WI 54986



Email: [office@lordofthelakes.net](mailto:office@lordofthelakes.net)  
Office hours: Monday through Thursday, 8am-3pm  
[www.lordofthelakes.net](http://www.lordofthelakes.net)



## New Youth Director Amy Penza starts in July!

Hello everyone!!!! My name is Amy Penza and I am happy to announce that I have recently accepted the youth director position! My husband John and our 3 boys have been members of the church for about 5 years and are excited to grow more in our faith with our new rolls of me with the youth and John on the council. We currently live in Omro with our zoo of a home including 3 dogs, 2 cats, 2 tortoises and a hand full of fish! Among loving animals, I love painting, reading, and learning new things. I look forward to being with the youth so we can grow together in our faith and become closer to God with every journey we take!

*Amy*



## Youth Update

Mission trip leaves July 14th for Nashville TN

I would like to first start by saying our church is so very blessed to have such an amazing group of talented kids that have a love for Christ!!!! We recently had the youth service and if you attended you had the chance to see the future of our church talking about Jesus and what the ten commandments mean to them. It was something special to be apart of, and I know all of the youth leaders are so very proud of them!!! We are looking forward to the upcoming missions trip to Tennessee in July and would like to thank everyone in advance for the prayers and support as we go help others less fortunate and maybe learn to be more like our humble and giving Father. Lastly, now that school is out and the weather is warmer (in theory) we have a couple of fun activities planned for our upcoming youth meets! Campfires, game nights, and art nights are coming in the near future among some awesome fellowship! We would like to invite anyone grades 6-12 to come and join us Every Wednesday (6p to 8p) and Sunday (9a to 10a) to hang out, have fun and learn about Jesus!!!!

*Amy*

## Women's Ministry



The next Bible Study is based on the "It's Not Supposed to Be This Way" (by Lysa Terkeurst) book and workbook. The study will run bi-weekly in the evening starting July 9th from 6pm-7:30pm at church. Contact: Sarah Miller 920-710-0618



4 churches  
4th annual  
4 person teams  
All 4 a good time &  
4 the food pantries!  
What are you waiting 4!

**Sign up is due July 29**

## 4th Annual Ecumenical Golf Scramble

**Mark you calendars!**  
**Sunday, August 18 at 3pm**  
Ecumenical Golf Outing at Lake Breeze

Four churches (St. Mary's, First Presbyterian, Grace Lutheran and Lord of the Lakes) are joining together to create a fun time of fellowship as well as do some fund raising for the local food pantries. It is a 9 Hole Scramble event, followed by dinner and prizes. You can start forming your 4 person teams, or you can join in as a one, two or a three-some and we will pair you up. Feel free to invite others from the community! We will have raffles as part of the fund-raising portion which currently includes a 6 box seat Brewer tickets for the Friday, August 23rd evening game! Surely you will want to participate and have a chance on winning that!



Sign-up sheets are on the kiosk (in bright gold). For questions: Verne or Jan Olson, 582-7691.



Busy Hands takes a day of “vacation” from quilt making and enjoys the Museum of Writing Instruments & a wonderful Panera Bread lunch



**Busy Hands** meets:  
July 9 & 23rd at 9am at church. Come join us when you are able to!

~ Quilt assembly

### Pastor’s Ministry - June

meetings-5  
advising-6  
baptism-5  
wedding-2  
home/hospital visits-4  
funeral-1  
Community Meal-1  
Bible Study-4



**PRAYER** is a crucial part of our faith lives and support of each other. Please call the church office or contact Pastor Kevin if you have a prayer request and would like it added to the prayer chain. All concerns on the prayer chain are kept confidential. *Pastor Kevin*

*“A place of refuge in a troubled world”*

## Feeding Hungry Kids

Neighbors and Churches Working Together

Free lunch meal provided for children through age 18. Parents/Guardians welcome when accompanied by child

Monday through Friday  
11am—12:30pm

**July 29-August 30**

St. Andrew’s Lutheran Church  
1100 E. Murdock Ave  
920-235-6616

Would you like to help? Call Carol 920-420-7832

*If you would like, drop off these items at Lord of the Lakes—box by the front doors.*

Vegetables (corn, green beans, carrots)  
Spaghetti and Sauce  
Peanut butter—creamy  
Ketchup and yellow mustard  
Cereal—Rice Krispies, Trix, Fruity Pebbles  
Dill Pickles  
Dressings—Ranch, French  
Fruit Snacks  
Cans of fruit  
Jelly  
Juice Boxes  
Lemonade—powdered  
Pancake Mix and syrup



*June Pontoon days are enjoyed by all. Big thanks to our organizers & to the boat contributors!*

### Try Text Giving Today

1. Create a text to 920-280-6221
2. Type the amount in the message line (\$20)
3. Hit send

The first time you will need to register your credit or debit card. Thank You!





→ Help wanted: We are looking for a representative from our church to act as a contact for this program. Please contact Jill (582-2622) in the office for details.

### Giving disadvantaged youth a fair start on the school year. Back 2 School Fair: August 15th 10am to 6pm

#### How You Can Help:

1. Pick a tag off of the kiosk and supply the item on the tag
2. Bring the item(s) back to church **unwrapped** by August 4th.
3. Tags include an optional cash donation which is used to supplement to donated clothing items or buy a SCRIP card from Old Navy—these are

given to middle and high school students for jeans and a shirt.

Cash/checks can be placed in the offering plate with a memo: Back to School Fair.

\* You also have the opportunity to Volunteer for Set up August 13th & 14th at North High School, Oshkosh— please contact the office for more info on this. Volunteers do the set up, guide families through the process, and oversee the tables. If interested in helping at the Fair please call Stacey Kalies at 920-456-3253

\* If you have questions, please contact the church, 582-2622 or office@lordofthelakes.net.

# SCRIP

funny word... easy fundraising



Don't forget to pick up your gift cards for all your summer activities! Fleet Farm, Menards, Gas Cards, Cards for Christmas in July!

Thank you for supporting this team & our church.  
Contact: Tammy 920-420-3755

**Need Help?** Don't let stigma stand in your way.  
Call 2-1-1 [www.21now.org](http://www.21now.org)

Find resources for: suicidal thoughts, Alcohol/drug abuse, stress, depression, eating disorders, family counseling, anxiety, bipolar disorder and much more.

**No Health without Mental Health**

24/7 Mental Health Crisis Intervention  
Help Line:

Oshkosh: 233-7707, Neenah: 722-7707

#### Blood Pressure/Blood Sugar —Free

When: The second Sunday of every month (July 14) at 9am  
Why come? For your health!  
It could save your life.

This is free, and it's done by qualified volunteer RN's.  
Please Thank your volunteers!



Lord of the Lakes extends our deepest sympathies to the family of Christopher Pfaendtner.

#### June Baptisms:

Julian Rothkegel  
Oliver Kell  
Sylvia Kell  
Hailey Jurgenson  
Emerson Schleif



We welcome you into the body of Christ and into the mission we share.

#### Sovereign State Days Outdoor Ecumenical Service: July 21

This year Lord of the Lakes will be joining in the 9:30am Worship Service at Marble Park as Pastor Kevin leads us in worship. Please plan on attending this great community event!

#### July Birthdays (70+)

Bette Lee July 19  
Tom Lettau July 22  
James Bricco July 24

God's Blessings to you!  
Please contact the office for any adds/changes.



Congratulations on the marriages of:

Chris Forer and Erin Standley—June 22

Wanda Kunde and Corey Drexler—June 22

God's richest blessings on your marriages.





# Worship Assistants Schedule



## JULY, 2019

<b>July Ushers:</b> 8:00am Audrey Bishop, Everett Fox, Chris & Jim Rescheske	<b>July Ushers:</b> 10:00am Dennis & Gloria* Cartwright, Kay & Tom Lettau
<b>July 7 8:00am Service</b> <b>Reader</b> Darlene Larsen <b>Greeters</b> Nancy Abraham, Audrey Bishop <b>Communion</b> Marsha Phillips & Betts Nikolai <b>Coffee</b> Rob & Sally Patterson*, Sue Rice, Janet & Dick Baumgart (food)	<b>July 7 10:00am</b> <b>Reader</b> Linda Wein <b>Greeters</b> Russ & Shirley Graunke <b>Communion</b> Ken Mueller & Kari Nigl
<b>July 14 8:00am Service</b> <b>Reader</b> Betts Nikolai <b>Greeters</b> Harold & Sheila Gurkowski <b>Communion</b> Janet Veith & Mary Alice Klemp <b>Coffee</b> Marge Kohl,* Michelle Petersen, Janet Kunde (food)	<b>July 14 10:00am</b> <b>Reader</b> Geoff Hendren <b>Greeters</b> Joe & Jenni Groholski <b>Communion</b> Janine Brantley & Cindy Hendren
<b>July 21 8:00am Service</b> <b>Reader</b> Pam Ulness <b>Greeters</b> Ben & Owen Brantley <b>Communion</b> Lisa Curtis & Dianna Donner <b>Coffee</b> Jan Olson*, Barb Wachtendonk, Victoria Waters	<b>July 21 10:00am</b> <b>Reader</b> Kathy Slesar <b>Greeters</b> Kay & Tom Lettau <b>Communion</b> Amy Davis & Jan Olson
<b>July 28 8:00am Service</b> <b>Reader</b> Tammie Fox Family <b>Greeters</b> Mark & Teri Henry <b>Communion</b> Tricia Koch & Marsha Phillips <b>Coffee</b> Kimberly Radtke*, Terri Radtke, Tammy Wright (food)	<b>July 28 10:00am</b> <b>Reader</b> Wayne Ludkey <b>Greeters</b> Ken & Mary Mueller <b>Communion</b> Jenni Groholski & Andrea Schell
<b>August 4 8:00am Service</b> <b>Reader</b> Audrey Bishop <b>Greeters</b> Kari Nigl & Betts Nikolai <b>Communion</b> Audrey Bishop & Tammie Voelkel Fox <b>Coffee</b> Marsha Phillips*, Kristan Fischer, Judy Ramlow	<b>August 4 10:00am</b> <b>Reader</b> Trudy/Steve Resnick <b>Greeters</b> Steve & Trudy Resnick <b>Communion</b> Kim Radtke & Gina Nikodem
<b>August Ushers:</b> 8:00am Bruce Hergert, David Klemp, Rick Pierre, Pam Ulness*	<b>August Ushers:</b> 10:00am Jan & LaVerne* Olson and tbd

On his 50th anniversary of ordination, THANK YOU from Pastor Keith Tomlinson to the Lord of the Lakes congregation "for your friendship, support, encouragement, and warm welcome" through these last years when I've filled in, preaching and leading worship, so many times at your church. "You have helped to form and shape my ministry and my life."






Keith, after graduating from Wartburg Seminary in Dubuque, was ordained at St. John Lutheran Church, rural Tama, Iowa, on **June 29, 1969**. He served as pastor at Trinity Lutheran Church, Marion, Ohio (1969-73); a one-year interim pastorate at Elim Lutheran Church, Marshalltown, Iowa (1974-75); pastor at Zion Lutheran Church, Rake, Iowa (1975-80), Senior Pastor at Zion Lutheran Church, Clear Lake, Iowa (1980-88), and then was Chaplain/Director of Pastoral Care at the Bartels Lutheran Nursing Home and Retirement Community, Waverly, Iowa for 21 years (1988-2009).

Keith retired in 2009, and he and Ginny moved to Kaukauna that summer. In retirement Keith has been a supply pastor or short term interim pastor at 16 congregations in Northeast Wisconsin, including many times here at Winneconne. Keith says that the best way to observe this ordination anniversary is just to "keep on keepin' on."

Keith and Ginny will celebrate their 55th wedding anniversary this August. They have three sons, seven grandchildren. They are expecting their first great grandchild later this year.

**Now, after much consideration, Keith and Ginny have decided that it's time to "downsize" and transition into "Retirement - Part 2." They are purchasing a townhouse back in Waverly, Iowa, and will be moving there later this summer. "Praise God from whom all blessings flow," as we go "on our way rejoicing," thankful for all that has been and all that will be!**

# July, 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> 5:00pm Narcotics Anonymous	<b>2</b>	<b>3</b>	<b>4</b> 	<b>5</b>	<b>6</b> Calling all shoppers!!! <b>Thrift</b> 10am-2pm
<b>7</b> <b>8 &amp; 10am Worship</b> 9:00am Coffee fellowship, Youth Devos	<b>8</b> 5:00pm Narcotics Anonymous	<b>9</b> Busy Hands 9am 6pm Women's Bible Study	<b>10</b> 6-8pm Youth Group	<b>11</b> 8:30am Bible Study at church	<b>12</b> Kids Summer Program Ages 5-5th grade 8-11:45am	<b>13</b> 
<b>14</b> <b>8 &amp; 10am Worship</b> 9:00 am Coffee, Youth Devos BP/BS checks available! Youth Mission Trip Depart	<b>15</b> 5:00pm Narcotics Anonymous	<b>16</b>	<b>17</b> Pray for our Youth on the Mission Trip	<b>18</b> 8:30am Bible Study at church	<b>19</b> Kids Summer Program Ages 5-5th Grade 8-11:45am	<b>20</b> 
<b>21</b> ★ <b>8am Worship,</b> <b>9:30am Worship:</b> Outdoor service at Marble Park 9:00am Coffee, Youth Devos	<b>22</b> 5:00pm Narcotics Anonymous	<b>23</b> Busy Hands 9am 6pm Women's Bible Study 6:30pm Council	<b>24</b> 6-8pm Youth Group	<b>25</b> 8:30am Bible Study at church	<b>26</b> 	<b>27</b>
<b>28</b> <b>8 &amp; 10am Worship</b> 9:00am Coffee, Youth Devos * Golf sign up is due	<b>29</b> 5:00pm Narcotics Anonymous	<b>30</b>	<b>31</b> 6-8pm Youth Group	<b>August 1</b> Community Supper @ 5:30pm 1st Presbyterian	<b>2</b>	<b>3</b> Thrift Saturday! 10am-2pm

## Independence Day Prayer

Dear Lord,

There is no greater feeling of liberty than to experience freedom from sin and death that you provided for me through Jesus Christ. Today my heart and my soul are free to praise you. For this, I am very thankful.

On this Independence Day, I am reminded of all those who have sacrificed for my freedom, following the example of your Son, Jesus Christ. Let me not take my freedom, both physical and spiritual, for granted. May I always remember that a very high price was paid for my freedom. My freedom cost others their very lives. Lord, today, bless those who have served and continue to give their lives for my freedom. With favor and bounty, meet their needs and watch over their families.

Dear Father, I am so thankful for this nation. For all the sacrifices others have made to build and defend this country, I am grateful. Thank you for the opportunities and freedoms we have in the United States of America. Help me never to take these blessings for granted. Help me to live my life in a way that glorifies you, Lord. Give me the strength to be a blessing in someone's life today and grant me the opportunity to lead others into the freedom that can be found in knowing Jesus Christ. In your name, I pray. Amen

# PRACTICING MENTAL WELLNESS FOR KIDS (of any age)



The Lord of the Lakes  
“We Care” team is here  
for you!

Our mission is to serve as  
a resource for our  
congregation who have  
questions or challenges  
that may be helped by  
resources within our  
church or community.

Drew Jaeger  
420-4497

Tammie Voelkel  
582-0213

Ben Brantley  
836-9978

Jill Templin  
427-0055

Andrea Schell  
479-1671

Pastor Kevin  
224-5922

## Pray for Our Neighbors

Lord, I lift up our  
community, especially the  
surrounding neighborhood.  
Let us love these people as  
we love ourselves. May our  
concern for their needs  
override other things that  
take our time and focus.  
Rebuild and restore areas  
that have been devastated.  
Renew our community—  
send Your peace and  
prosperity into this place  
where You’ve planted us.  
Bless each individual home  
and family. Build each house  
from the inside out; watch  
over our neighbors. Amen.

(Gal. 5:14; Prov. 3:28; Isa.  
61:4; Jer. 29:7; Lk. 10:5-6;  
Ps. 127:1)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Body Scan: Lay down flat and squeeze all your muscles tight then slowly relax each muscle one at a time.	If you are upset then find a quiet place and count to ten then breathe in and out for a minute and let your anger float away.	Go outside and blow bubbles and watch them pop or float away for at least 5 minutes.	If you are feeling sad, write down how you are feeling and crumple it up and throw it away.	If you have a dog, take your dog for a walk outside. If you have a cat, play with your cat. If you do not have a pet, then draw one.	Find a quiet place to read or look at books.	Ballon Bop: blow up a couple of balloons and gently keep hitting them to keep them off the ground.
Safari Walk: Go for a walk and jot down or draw all of God’s creations; the birds, bugs, creepy crawlies, flowers or trees.	Do jumping jacks or jump around for a full minute. Then sit down and close your eyes and feel your heart beat for a full minute.	Make a list of things that make you happy.	Mindful jar: Fill a jar with water and glitter. Shake the jar and imagine the swirling glitter your thoughts that are stressful. Watch the glitter settle and imagine calm, clear thoughts.	Make a card for someone and tell them how much they mean to you.	Spidey Senses: Use your five senses and for 30 minutes listen, smell, see and touch the things around you.	Mindful scents: walk around inside or outside and breathe in the scents. Think about how these different scents make you feel.
Texture bag: Fill a bag with items and reach in with your eyes closed and touch the object and try to describe it without taking it out or looking at it.	Take 30 minutes and draw a picture of something that will make you smile.	Thought Clouds: Sit and close your eyes and breathe in for 3 seconds and then breathe out for 3 seconds and imagine clouds floating away with your thoughts.	Take 5 minutes and just laugh. Think of something funny and laugh about it for 5 minutes.	Mindful poses: Pose like superman for 30 seconds with your legs spread wide & your arms wide open in the air. Or, pose like wonder woman with your legs spread wide & hands on your hips. Imagine feeling strong, brave & happy.	Get some legos or building blocks and make a tower and then knock it down.	Go outside and play. Ride a bike, run around the yard, kick a ball around.

Lord of the Lakes Church  
6090 Harbour South  
Winneconne, WI 54986

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Blessed is the nation whose God is  
the LORD. *Psalm 33:12*



Find us on FACEBOOK @LordoftheLakesWinneconne. Is there a church activity or event you would like to promote on our Facebook page? Please sent to [socialmedia@lordofthelakes.net](mailto:socialmedia@lordofthelakes.net)

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